



John: Bread of Life

RECAP:

In John 6:22-40, the crowd goes looking for Jesus, but their search reveals a deeper problem; you can seek Jesus and still miss Him. After being fed the day before, they pursue Him across the lake. On the surface, it looks like spiritual hunger. But Jesus exposes their true motive; they want another meal, not a Savior.

Jesus challenges them not to work for food that spoils, but for food that endures to eternal life. Immediately they ask what they must do. Like many of us, they default to a performance mindset. But Jesus reframes everything; the work of God is not about doing, but believing and trusting fully in Him.

Still, the crowd resists. They ask for a sign, even after witnessing a miracle. Their problem is not lack of evidence; it is unbelief. They even point back to Moses and manna, missing that God is doing something greater right in front of them.

Then Jesus makes it unmistakably clear: "I am the bread of life." He is declaring that He is the source of true and lasting satisfaction. Whoever comes to Him will never hunger, and whoever believes in Him will never thirst.

Yet many still do not believe. This shows that seeing Jesus is not the same as trusting Him. Then Jesus gives a promise that points straight to Easter: everyone who comes to Him will never be turned away, and He will raise them up on the last day. This is resurrection hope. The same Jesus who satisfies your hunger today secures your future forever.

Because of the resurrection, your future is not uncertain, it is guaranteed. Death does not have the final word. Jesus does.

The invitation is clear: come, believe, and trust Him. Only Jesus satisfies your deepest hunger, and through His resurrection, He secures your eternal future.

1. Icebreaker: What is your favorite part of celebrating Easter?

2. Looking back at your notes from this week's teaching; was there anything you heard for the first time, something that caught your attention, challenged you, or confused you?

3. **Read John 22-25.** What do you notice about the crowd's pursuit of Jesus? What seems right – and what seems off about it?

4.

Jesus exposes motives in this passage. What were the people really seeking, and how does that challenge the way we sometimes seek Jesus?

5. What contrast does Jesus make between temporary and eternal “food”? Where do you see people (*or yourself*) chasing what is not satisfying?

6. Jesus points out that the problem is not lack of proof, it is lack of belief. Why do people (*including us*) sometimes see the truth and still resist trusting it?

7. Read John 32-35. The crowd wants bread like Moses gave (Exodus 16), but Jesus offers Himself. Why do they miss that, and how do we do the same?

8. Read John 36-40. What assurances does Jesus give to those who come to Him? Which one stands out most to you and why?

9. Where are you tempted to look for satisfaction outside of Jesus? What would it look like this week to truly “come to Him” and trust Him?

SUPPORT/PRAYER

(15 min)

Spend time sharing prayer needs. Where are you struggling to trust Jesus for your needs, your future, or your satisfaction? Pray for one another to come to Him and believe He is enough.