

Be very careful, then, how you live:

Wise

Understand what the Lord's will is.

Be filled with the Spirit.

VS.

Unwise

Do not be foolish.

Do not get drunk on wine.

Four ways to be continually filled w the Spirit:

- 1) Speak to one another... _____ worship.
- 2) Sing and make music...to the Lord _____ of joy.
- 3) Giving thanks to God... attitude of _____.
- 4) Submit to one another... Submission _____.

Life Group Ice Breaker

1. Track down your “screen time” usage over the past week or month. What does the number of minutes spent on your screen stir up within you?

Discussion Questions

2. Regarding this sermon, is there any truth that stands out as being particularly helpful, insightful, or difficult to grasp?
3. Share about a time in your life where you were walking the road of the wise and another season when you were walking the road of the unwise.
4. What does Paul mean when he writes, “make the most of every opportunity”? How does this make you feel?

5. In your day-to-day routine, how can you position yourself to the Son, like the sunflower positions itself to the sun, that you might be filled with the Spirit? List some practical steps.
6. Recall a time when you felt ‘filled with the Spirit’ simply as a result of being together with others?
7. How do exterior circumstances affect your “heartitude” (the attitude of your heart)?

Application Questions

8. What most often characterizes your attitude toward God? Doubtful, grateful, hostile, faithful, grumbling, teachable, etc.?
9. How can you grow in your willingness to submit to others? Name one person in your life that you can focus on submitting to this week out of reverence to Christ.