

Anchored (James 1:19-25)

Anchored to _____.

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Five Practices:

1. _____ “Listens to the word”
2. _____ “Looks intently”
3. _____ “Continues in it”
4. _____ “Not forgetting”
5. _____ “Doing it”

Ice Breaker

1. Ask group members to share things they do in front of the mirror. For example: dress, dance, shave, make-up. How would these tasks have a different result if your mirror were taken away?

Discussion Questions

1. Regarding this sermon, is there any truth that stands out as being particularly helpful, insightful, or difficult to grasp?
2. Has God’s word ever challenged any of your personal views? If so, share a time you had to humble yourself and accept God’s truth.
3. Which of the five practices to anchor to God’s word do you find easy to do? Which one(s) do you struggle with?
4. James tells us to be “quick to listen and slow to speak.” Have you had situations where you did the opposite – slow to hear and quick to speak? What’s the problem with that?

Supporting Scriptures

James 1:19-25 My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires. Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you. Do not merely listen to the word, and so deceive yourselves. Do what it says. Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like. But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.

Matthew 7:24-27 “Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.”